Who We Are

Spiral is a Sunshine Coast-based association empowering people with disabilities to live with independence and choice. Since 1981, we've created programs that develop skills, nurture connections, and help people thrive.

How We Support You

- Professional, highly trained staff
- Flexible, individualised service models
- Choice and control in every aspect
- Person-centered, developmental approach
- Skill development for valued roles
- Meaningful participation in community

Get in Touch

Discover how Spiral can support you or someone you care about.

We support the ndis

07 5476 2711
spiral@spiralinc.org.au
spiralinc.org.au

Inspiring Potential.
Growing Skills.
Connecting People.

Creativity. Belonging. Opportunity.

Spiral
Growth and Belonging

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Services That Make a Difference

At Spiral, we support clients to live fulfilling, independent, and connected lives through daily life assistance, social and community participation, life skill development, positive behaviour support, short-term accommodation, and support in paid or unpaid employment.

Life Skills Development
Grow independence and achieve goals through tailored programs.

Social Inclusion
Build friendships and feel a true sense of belonging.

Community Involvement
Take part in local events and projects that make a difference.

Learn, Create, Connect

Spiral's workshops help people express themselves, develop skills, and engage with the community. From arts and crafts to theatre, music and dance, our workshops inspire participants to grow in confidence and self-expression.

Performing Arts
Build confidence and creativity in theatre, music, and dance, while expressing yourself in a fun, supportive space.

Visual Arts
Explore different mediums, develop your style, and grow artistic skills in a welcoming, creative environment.

Purpose-Built for Possibilities

Our Facilities

Spiral's centre is purpose-built with high-quality, accessible spaces to enrich our clients' lives.

Facilities include:

- Commercial kitchen for training & events
- Arts room, activity spaces & multimedia room
- Accessible bathrooms with hoists & adjustable beds
- Dining area, covered deck & sensory garden
- Fleet of vehicles, including buses with hoists